



## Health & Hygiene Policy & Practice

Baildon Village Pre-School promotes a healthy lifestyle and a high standard of hygiene in its day to day work with children and adults. This is achieved in the following ways;

All the meals and snacks provided will be nutritious and pay due attention to children's particular dietary requirements.

Parents are asked to keep their children at home if they have any infection and to inform the pre-school as to the nature of the infection so the staff can alert other parents and make careful observations of any child who appears unwell.

Parents are asked not to bring any child who has been vomiting or had diarrhoea until 48 hours has passed since the last attack.

Cuts or open sores, whether on adults or children, will be covered with a sticking plaster or dressing.

If a child is prescribed medication the parents will administer their medicine.

The pre-school will ensure that the first aid equipment is kept clean, replenished and replaced as necessary. The sterile items will be kept sealed in their packages until needed.

Parents will have the opportunity to discuss health issues with pre-school staff.

The pre-school will maintain links with health visitors and gather health information and advice from the local authority where necessary.



## Food Hygiene

In our setting we prepare snacks and maintain the highest possible food hygiene standards with regard to the purchase, storage, preparation and serving of food.

Food is stored correctly, at the correct temperature and within the use by date.

Food is not contaminated.

Preparation areas are cleaned before and after use.

Hand washing facilities are clean and surfaces are non-porous.

Utensils are cleaned and stored appropriately.

Waste food is disposed of daily.

Cleaning materials are stored away from the children.

Children have no access to the kitchen.

To prevent the spread of infection, adults in the group will ensure that the following practices are observed;

Always wash hands before and after handling food and after using the toilet.

A large box of tissues is available and children are encouraged to blow and wipe their nose where necessary. Soiled tissues are disposed of hygienically.

Children are encouraged to shield their mouths when coughing.

Staff will not be involved in the preparation of food if suffering from any infectious/contagious illness or skin trouble.

Never cough or sneeze over food.

Use different cloths for kitchen and toilet areas.

Vinyl gloves are always used when cleaning up spills of body fluids. Any spills of blood, vomit or excrement is wiped up and flushed in the toilet.

Spare laundered pants and other clothing is available in case of accidents and

polythene bags are available in which to wrap soiled garments.

All surfaces are cleaned daily with appropriate cleaning equipment.

Prepare raw and cooked foods in separate areas.

Ensure waste is disposed of properly and out of reach of children.

Keep lids on dustbins and wash hands after using them.

Fresh fruits and vegetables are washed before use.

Tea towels are kept clean and washed between each session.